

# SENSITIVE SKIN CARE KIT

## OVERALL BENEFITS

- Calms visible redness and irritation while supporting skin comfort and balance.
- Strengthens the skin barrier to reduce sensitivity and environmental reactivity.
- Supports recovery of compromised skin, including post-treatment conditions.
- Enhances skin resilience, helping reduce future sensitivity triggers.

## SKIN TYPES

- **Dry Sensitive Skin**  
Lipid-deficient, lacking natural oils; requires intensive hydration and barrier support.
- **Sensitive Skin**  
Reactive, easily irritated; prone to redness, burning, stinging; requires calming, non-aggressive support.
- **Rosacea-Prone Skin**  
Persistent redness and inflammation; requires soothing, anti-inflammatory support.
- **Combination Skin (Reactive Skin)**  
Generally balanced but prone to occasional sensitivity due to products, climate, or stress.

## FITZPATRICK SKIN COMPATIBILITY

Suitable for Fitzpatrick I-VI, with protocols designed to minimize risk of irritation and post-inflammatory response.



## GENTLE GEL CLEANSER

Apply a generous amount to dry skin. Massage for 1 minute. Wet hands and fingertips. Massage for another minute. Rinse with lukewarm water. Pat dry skin with a soft towel.

## INSTANT SOOTHING TONER

Saturate a cotton pad with Instant Soothing Toner. Apply to face and neck. Use fingertips to lightly massage into the skin until absorbed.

## VITA C SERUM

Apply 1 or 2 pumps to face, neck, and may use around the delicate eye area as an intensive eye serum. Blend well.

## VITAL RECOVERY CONCENTRATE

Apply 1 or 2 pumps to face, neck, and may use around the delicate eye area as an vitamin enriched eye cream. Blend well.

## MOISTURE COMPLEX

Begin with a small amount. Apply to the face, neck, and may use as an eye and lip balm to protect against dryness due to lack of hydration. Blend well.

## DAY TIME PHYSICAL MINERAL SUNSCREEN

May apply SOL Defense SPF 30 physical mineral sunscreen after moisture complex to protect the skin during the day.

# STEP-BY-STEP INSTRUCTIONS

### PROFESSIONAL NOTES:

Always introduce products gradually to sensitive or reactive skin to monitor tolerance and prevent over-stimulation.

Avoid combining with aggressive exfoliants, strong acids, or high-percentage actives guided by a professional protocol.

Ideal for use post-treatment (when skin is intact) to calm, restore, and support barrier recovery.

Recommend consistent use to help strengthen skin resilience and reduce long-term sensitivity triggers.