

OILY & ACNE SKIN CARE KIT

OVERALL BENEFITS

- Helps regulate excess oil production while maintaining essential skin hydration.
- Supports clearer-looking skin by reducing congestion and minimizing breakouts.
- Refines pore appearance for a smoother, more balanced complexion.
- Calms inflammation associated with acne and reactive oily skin.

SKIN TYPES

- **Oily Skin**
Excess sebum production; prone to shine, enlarged pores, and congestion.
- **Acne-Prone Skin**
Frequent breakouts, including comedones, papules, or pustules; requires corrective yet non-stripping care.
- **Congested Skin**
Clogged pores, blackheads, and buildup; benefits from purification and gentle exfoliation.
- **Teen / Adult Acne Skin**
Hormonal or stress-related breakouts; requires consistent, barrier-respecting correction.

FITZPATRICK SKIN COMPATIBILITY

Suitable for Fitzpatrick I–VI. Designed to minimize risk of irritation and post-inflammatory hyperpigmentation when used as directed.



SALICYLIC GEL CLEANSER

Apply a generous amount to dry skin. Massage for 1 minute. Wet hands and fingertips. Massage for another minute. Rinse with lukewarm water. Pat dry skin with a soft towel.

BHA/AHA TONER

Saturate a cotton pad with BHA/AHA Toner. Apply to face and neck. Use fingertips to lightly massage into the skin until absorbed.

RENEWAL SERUM

Apply 1 or 2 pumps to face and neck area. If using as a morning serum, please be mindful of sensitivities when applied before outdoor activities. Blend well.

ANTIBAC ESSENTIALS

Apply 1 or 2 pumps to face and neck. May be used as a target treatment moisturizer on affective troubled areas. Blend well.

RETINOL LEVEL 1

Apply as a nighttime serum only. Apply 1 to 2 pumps to face and neck. Blend well. Do not apply directly to the eye area. Use twice a week at night. Apply at least 48 hours apart for skin rest and recovery. May incorporate Vital Recovery Concentrate moisturizer as the nighttime recovery cream.

DAY TIME PHYSICAL MINERAL SUNSCREEN

May apply SOL Defense SPF 30 physical mineral sunscreen after moisture complex to protect the skin during the day.

STEP-BY-STEP INSTRUCTIONS

PROFESSIONAL NOTES:

Avoid over-cleansing or aggressive exfoliation, as this may trigger increased oil production.

Consistency is the key. Daily use supports long-term oil regulation and clearer skin.

Always maintain hydration to prevent rebound oilness and barrier disruption.

Daily SPF is essential to prevent post-inflammatory hyperpigmentation (PIH).

Ideal for integrating into corrective treatment plans targeting acne and congestion.