

CLIENT MORNING INSTRUCTIONS

CLEANSER: Apply generous amount to dry skin. Massage in circular motions for 1 minute. Moisten hands and massage for another minute. Rinse with room temperature water/lukewarm water or may use moistened sponges to remove. Dry skin.

Select from the below:

Gentle Milk, Gentle Gel, or Salicylic Gel

TONER: Apply a generous amount of Toner to a dry cotton round. Use over the entire face and neck. Use light massage movements using fingers until toner is absorbed.

Select from the below:

Instant Soothing or Salicylic Toner

SERUM: Apply a generous amount in palm of hand. Massage into the skin (Face Neck, Around the Eyes & Chest Area). Use a light touch with many different movements. Blend well. DO NOT REMOVE.

Select from the below:

Vita C Peptide or Moisture Booster Serum

MOISTURIZER: Apply a generous amount in palm of hand. Massage into the skin (Face, Neck, Around the Eye Area, & Chest Area). Use a light touch with many different movements. Blend well. DO NOT REMOVE.

Select from the below:

Antibac Essentials, Vital Recovery Concentrate, or Ultra Performing Complex

SOL DEFENSE SPF 30 Natural Tint physical sunscreen

(apply 1 hour before outside activity and every hour)

CLIENT NIGHTLY INSTRUCTIONS

REPEAT THE MORNING CLEANSING AND TONING STEPS FOR NIGHT-TIME:

After toner dry skin thoroughly.

FIRSTLY USE ONLY RETINOL LEVEL 1 (till completed for 45-60 day use): Apply 1-2 pumps to face, neck, and décolletage. Blend well.

Avoid direct contact with eyes.

IMPORTANT* *Only use Retinol Level 1” until product is finished. Then transition using Retinol Level 2 with same directions.*

DIRECTIONS* *only use Retinol Level 1 or 2 once, twice, or no more than three times a week. Keep application 2-3 days apart. If skin start to slough, peel then reduce the times of use.*

MOISTURIZER Moisture Complex: Apply a generous amount in palm of hand. Massage into the skin (Face, Neck, Around the Eye Area, & Chest Area). Use a light touch with many different movements. Blend well.

Apply the following when not using Retinol Level 1 or 2

ADDITIONAL PERFORMANCE SERUM: Apply 1-2 pumps of **Renewal Serum 10% lactic concentrate** to (Face Neck, & Chest Area). Use a light touch with many different movements. Blend well. DO NOT REMOVE.

This is a surface proliferation to improve receptivity of the Retinol Level 1 and 2. As well as to maintain continous cell regeneration activity.

Use at least twice a week on the nights when not using Retinol Level 1 or 2.

NATURE + SCIENCE
PURE SKIN CARE

RETINOL LEVEL 1 & 2
HOME CARE INSTRUCTIONS

IMMUNITY SKIN CARE
LSS™ DELIVERY
LIFE SUSTAINING SYSTEM

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 **skin for life**
PROFESSIONAL