



# Portable LED Light Therapy System



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Skin for life a division of Lifeline Medical, Inc.

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# INTRODUCTION

## *OUR PROMISE TO YOU!*

We are dedicated to providing reliable, affordable, and results-oriented professional equipment. Since 2003, we have been providing superior equipment, such as: microdermabrasion, microcurrent, oxygen infusion, LED Light Therapy along with performance professional skin care.

Our parent company Lifeline Medical, Inc. has been in business since 1991. A strong commitment to customer service has contributed to our success. I, as owner and President, pledge to continue this tradition and to make Skin for Life the premier customer service oriented company in this industry.

Our dedicated employees understand the importance of customer focus and we treat all our customers with integrity and respect. We realize that our ability to grow as a company is directly related to customer satisfaction and that you make the final choice when selecting a vendor.

We look forward to the opportunity to support your business with quality equipment, supplies, and skin care. Thank you for giving us a chance to earn your trust.



Tushar Shah  
President and Founder of Skin for Life

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# PORTABLE L.E.D. LIGHT THERAPY



## Important Safety Instructions

### Operation Safety Instructions –

- Read all instructions before use to avoid injury.
- To avoid serious injury or death, follow safety information in this document.
- Keep this manual for reference.
- Read all product safety labels.
- Refer to local building codes for installation requirements.
- Always turn off machine when not in use.

### Safety Information:

#### All Electrical Devices for Prevention of Electrical Shock Exposure -

- Keep machine unplugged when setting up machine to prevent accidental injury.
- Make sure machine is on a clean and dry surface area to prevent any accidental injury.
- Prohibit water from seeping into the machine housing.
- Avoid any water and/or liquids around the vicinity of the machine when in use or not in use to prevent any accidental injury.
- Check the cord and plug for damage before use.
- Pay attention to safety labels on machine before plugging the cord into an outlet.
- Switch on the equipment only after plugging into an outlet. Always turn off the machine before unplugging the cord from the outlet.
- Allow sufficient space for ventilation to prevent overheating.
- Avoid placing the cord near any hot objects.

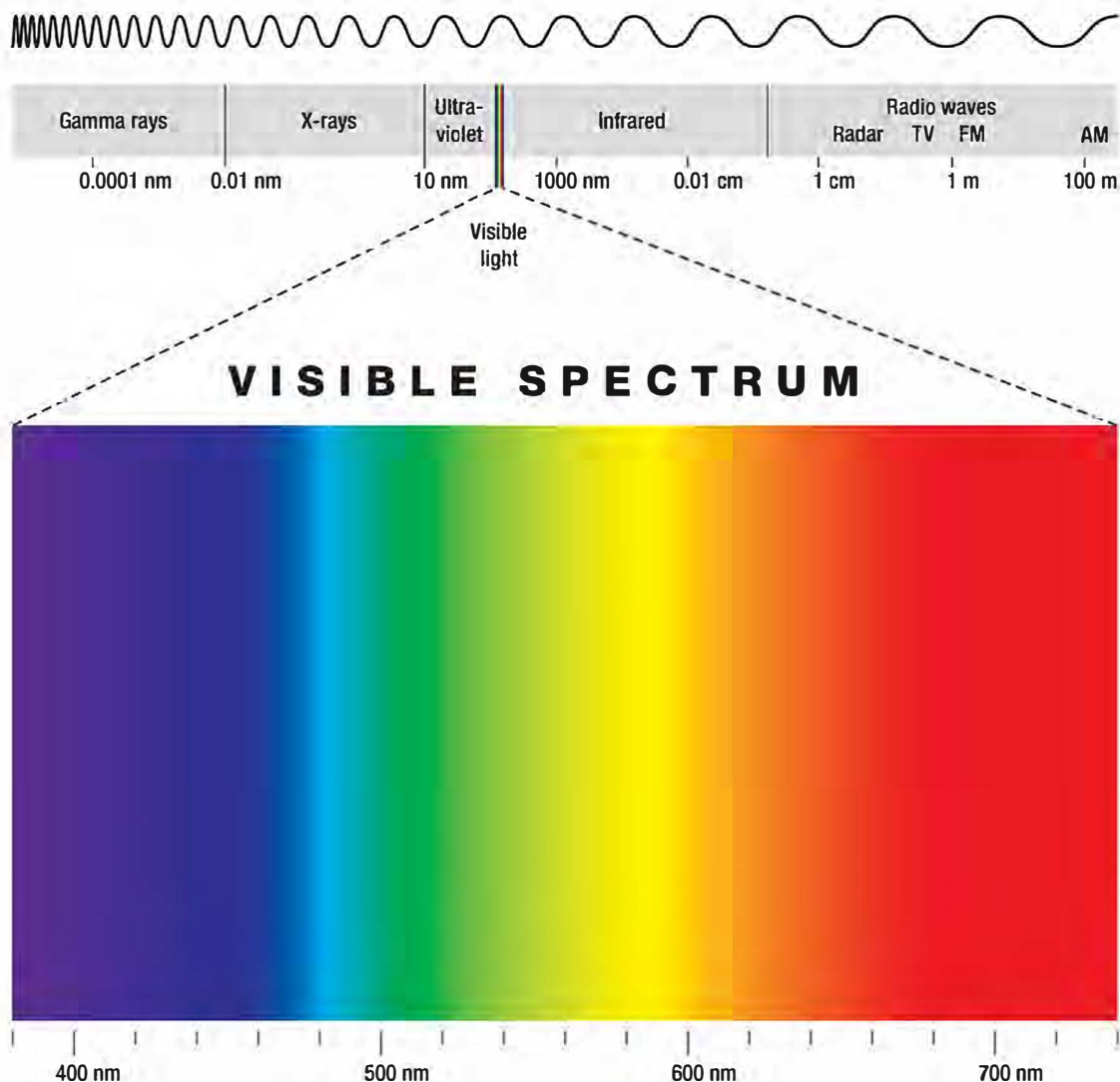
# LED Light Summary

LED technology was originally developed to enhance the growth of plant tissue in space by NASA's Marshall Space Flight Center and Quantum Devices, Inc. of Barneveld, Wisconsin. LED's have a similar physiological effect on human cells as they do on plant cells. It is a natural photo - biochemical reaction that is similar to photosynthesis in plants, which triggers the body to convert light energy into cell energy.

Age defying - 680nm  
(RED)

Oily/Troubled Skin - 460nm  
(BLUE)

n Rebuilding - 800nm (Infrared)



# LED Light Therapy

## How does it work?

LEDs' are considered to be less damaging than other light therapy devices because they do not deliver enough concentrated energy to damage the tissue.

LED triggers the body to convert light energy into cell energy without thermal injury to the tissues. Studies have shown that cells exposed to LED light have been found to enhance cell metabolism which accelerates the repair and replenishment of skin cells.

### **Skin for Life's RED and BLUE LED Lights –**

The majority of LED Lights used today are two main colors “Red and Blue” in the visible light spectrum. Studies and testing performed by NASA suggest that the optimal LED wavelengths for cell stimulation are 680, 730, and 880 nm. The parameters of these wavelengths are used by the Portable LED Light.

**RED LED Light Therapy** – is a visible light that is beneficial for sun damaged skins, sensitive skin conditions, various pigmentation marks, and for age defying results.

**BLUE LED Light Therapy** – falls in the same visible light spectrum, and reaches the sebaceous gland. The blue light assist with minimizing the activity of P. acne “propionibacterium”, which is the leading cause of acne vulgaris. Blue light is essential when combating blemished - troubled skin.

# PORTABLE L.E.D. LIGHT THERAPY

This remarkable technology enhances the Adenosine Triphosphate (ATP) within the mitochondria of the cells which excites the first process of cell division. This non-thermal response relies on the visible light spectrum to interact with cells for a growth response.

**RED and BLUE LED Light Hand Piece** – Skin for Life LED hand piece gives you the opportunity to be specific to localized areas of concern. Whether specific aging concerns or oily – troubled areas you have the advantage of using this hand piece for more specific areas.

## Features -

- Lightweight, Portable Machine
- Safe for All Skin Types and Colors
- Non – Thermal
- Painless
- No Down Time

## Benefits –

- Stimulates Cell Turnover
- Perfect for Oily/Troubled Skins
- Excellent for Various Pigmentation Conditions
  - Hyper pigmentation – Melasma – Chloasma
- Studies has shown significant increase in wound healing, thereby minimizing inflammation.

## Contra Indications –

- Pregnancy
- Epilepsy
- Thyroid Conditions
- Do not apply on an open wound/lesion

## Precautions –

- Topical or Systemic Steroids (NSAID's)
- Do not use with heavy creams or ointments
- Light sensitive headaches

# PORTABLE L.E.D. LIGHT THERAPY





# L.E.D. Light Therapy

## Suggested Informed Consent ~ Sample Form

The purpose of the LED Light Therapy study from NASA was to discover the properties of wound healing. Increasing cellular growth encourages cell division which provides skin with a youthful healthy appearance. LED Light Therapy also assists with minimizing overactive oily and/or troubled skin conditions.

Ideal results – schedule twice a week for three weeks which equals (6) skin treatments.

Maintenance Treatments – Depends on individual goals. Once a week, twice a month, or once a month is recommended to sustain cumulative results.

### L.E.D. Light Therapy Contra indications:

- Epilepsy
- Do Not Apply to an Open Wound
- Thyroid Conditions
- Pregnancy (or if you are trying to become pregnant)

### Precautions to Consider:

- Sensitivity to Migraines/Headaches
- Topical or Synthetic Steroids (NSAID's)
- Do Not Use heavy creams and/or ointments

LED Light Therapy treatments have been explained to me and any questions I have regarding LED Light Therapy treatments have been answered.

I understand there are certain contraindications that preclude someone from receiving LED Light Therapy treatments and these include epilepsy, pregnancy, thyroid conditions, medications, causing light sensitivity and open wounds.

I also understand there are other precautions that should be considered before receiving LED Light treatments and may require a doctor's release and/or I assume any risk involved. These include but are not limited to a person receiving cortisone and/or steroids injections, and a person prone to light sensitive migraines.

Although LED Light Therapy is a non – invasive treatment and the precautions and contra indications have been explained to me, I understand that certain risks or complication can occur from both known and unknown causes, and I freely assume these risks.

I acknowledge that no guarantee has been given to me as to the condition of the complexion, skin pore size, fine lines, and wrinkles as results will vary per client/patient. I am aware that follow up treatments may be necessary to achieve optimal results with gradual results occurring over time.

I release \_\_\_\_\_, staff and specific technician from any liability associated with this procedure. I certify that I am of at least 18 years old or I have parental consent as indicated as co – signature below.

Client/Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Co – Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Skin Professional: \_\_\_\_\_ Date: \_\_\_\_\_

# PORTABLE L.E.D. LIGHT THERAPY PROTOCOL

**STANDARD PROTOCOL** – *may vary depending on skin conditions.*

→ **Cleanse** – Select the appropriate cleanser –

- Gentle Milk Cleanser + vitamins A & E – Dry, Mature, Aging Skins
- Gentle Gel Cleanser + soothing aloe – Sensitive, Oily Sensitive, Combination Skins
- Salicylic Gel Cleanser + clarifying solution – Oily, Troubled, Blemished Skins

→ **Tone** – Use Instant Soothing Toner + natural actives – All Skin Types and Conditions. Spray at least 3 times and then remove with moistened sponges and/or gauze. Dry Skin Completely.

**Recommended Exfoliation Suggestions** –

→ **Microdermabrasion** – If using microdermabrasion in conjunction with other exfoliation modalities, perform (1) pass before moving to your next step with your skin treatment. Remove with a warm towel (NOT hot).

→ **Enzyme Exfoliate + papaya complex with LSS™ delivery** – you may apply a medium – thick application. Wet finger tips and gently massage the face with circular movements. Application time is maximum 5 minutes. You may also use steam to stimulate the skin as you massage. Remove with a warm towel (NOT hot).

→ **Ultra Scrubber** – please review procedural directions for Skin for Life's Ultra Scrubber + Ultra Sonic Machine Manual – You may perform in conjunction with Skin for Life Enzyme Exfoliate + papaya complex, please make sure the skin is moist when using the Ultra Scrubber device. Once completed - remove with a warm towel (NOT hot).

Other types of exfoliation may consist of – manual scrubs, dermaplaning, and exfoliation masks.

**Once completed follow with** –

→ **Tone** – Instant Soothing Toner + natural actives – Spray at least 3 times over the entire face and remove with moistened sponges and/or gauze. Dry Skin Completely and Proceed with Your LED Light Therapy Application.

# PORTABLE L.E.D. LIGHT THERAPY PROTOCOL

## STANDARD PROTOCOL – *continued...*

### → LED Light Therapy –

Use Protective Eye Goggles before performing LED Light Therapy

### Recommended Note from Skin for Life –

LED Light Therapy is recommended to be used on clean and dry skin - NO serums, moisturizers, ampoules... LED Light Therapy is best used after your exfoliations, and performance treatment application.

RED LED Light Therapy - Used for sun damaged skin, mature, pigmented, lesions, oily, troubled skin, capillary, distention and temporary/chronic sensitive skins.

Note\* RED Light is always used first to stimulate the activity of cell division before using any other LED Light Colors. It is designed to trigger the first initial ATP response and should always be the first light used on all skin types, conditions and colors.

How to use: Red LED light hand piece - use for 90 seconds per area, overlapping 30%-50% completing this process within 12-15 minutes before transitioning to Blue LED light.

BLUE LED Light Therapy - Used for oily, troubled, blemished, and Grades I - IV acne. Please note time is determined by the condition of the skin and the tolerance of the light for the client/patient.

How to use: Blue LED light hand piece - use for 90 seconds per area, overlapping 30%-50% completing the process in 10 minutes.

# PORTABLE L.E.D. LIGHT THERAPY PROTOCOL

## STANDARD PROTOCOL – *continued...*

- ➔ **Tone** – Instant Soothing Toner + natural actives – Spray at least 3 times over the entire face. Leave skin moist.
- ➔ **Active + Restore** – Apply the following serums to improve skin change.
  - **Vita C Peptide Serum with LSS™ delivery** – All Skin Types and Conditions.
  - **Moisture Booster + hyaluronic acid with LSS™ delivery** – All Skin Types and Conditions.
- ➔ **Nourish + Protect** – Apply the following moisturizers to protect for skin change.
  - **Vital Recovery Concentrate + natural botanicals with LSS™ delivery** – sensitive, combination, oily, and mature skins.
  - **Antibac Essentials + lysozyme protection with LSS™ delivery** – oily, troubled, blemished acne skins.
- ➔ **Revitalizing Mint Mask** – Apply an even application to cleansed face avoiding direct contact with eyes. Leave on for 5 minutes and rinse well with luke warm water.

## Apply the following for continuous skin change –

- ➔ **Active + Restore** – Apply the following serums to improve skin change.
  - **Vita C Peptide Serum with LSS™ delivery** – All Skin Types and Conditions.

# PORTABLE L.E.D. LIGHT THERAPY PROTOCOL

## STANDARD PROTOCOL – *continued...*

➔ **Nourish + Protect** – Apply the following moisturizers to protect for skin change.

- **Vital Recovery Concentrate + natural botanicals with LSS™ delivery**  
– sensitive, combination, oily, and mature skins.
- **SOL defense SPF 30 Broad Spectrum Physical Sunscreen**

Additional options:

### LED Light Therapy with Microcurrent –

LED Light Therapy may be used **after** Microcurrent for increased ATP stimulation for cellular division. Please make sure all conductivity gel is removed and the skin is dry and clean before applying LED Light Therapy.

Once you have completed your LED Light Therapy you may apply serums and moisturizers for nutritional skin support, followed by a cold therapy mask.

### LED Light therapy with Microneedling –

LED Light Therapy may be used **before** Microneedling to increase cellular division response, which creates the stimulation for wound healing. It is the perfect add on to microneedling.

### LED Light Therapy with Oxygen Infusion System –

LED Light Therapy may be used **after** Oxygen Infusion Therapy. Oxygen increases the metabolic rate of cells, and LED Light encourages a faster cell division. This type of therapy only adds value to the skin's natural performance for a healthier function.

### LED Light Therapy with Alpha Hydroxy Acids –

LED Light Therapy is an excellent way to maintain the momentum of cellular building, by indirectly effecting the lower layers of the skin to increase the potential of skin change.

# Informed Consent ~ Sample Form

## Please Print

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Referred By: \_\_\_\_\_

1. What is the reason for your visit today? \_\_\_\_\_

2. Are you under the care of a physician including dermatologist?  
If yes please state the reason \_\_\_\_\_

3. Are you pregnant? Y or N Are you planning to become pregnant? \_\_\_\_\_

4. Do you smoke? Y or N

5. Please circle the one that best describes your daily stress level. High, Medium, or Low Stress

6. Do you have metal in your body? Such as dental work, pins, plates, stents, etc.  
Be specific \_\_\_\_\_

7. Do you have allergies? Y or N

8. Please list ALL MEDICATIONS: \_\_\_\_\_  
\_\_\_\_\_

9. What type of exfoliation skin care products do you use? Glycolic, scrubs, retin A or any vitamin A derivatives.  
Please specify: \_\_\_\_\_

10. Do you have or have you had the following: Please check all that apply:

Epilepsy  Fever Blisters (Have you ever HAD?)  Cardiac Concerns  Acne  Keloid  
 Sinus Concerns  High Blood Pressure  Fibromyalgia  Pacemaker  Heart Stent  
 Diabetes  Botox  Kidney Disorders  Immune Disorder  Metal Implants  Dental Work  
 Lupus  Mitral Valve Prolapse  Herpes  Cancer  Hyaluronic Fillers  Asthma  
 Synthetic Fillers  Plastic Surgery  Skin Cancers  Hepatitis  Herpes Zoster (Shingles)

What products are you currently using? Cleanser \_\_\_\_\_ Toner \_\_\_\_\_

Scrub \_\_\_\_\_ Creams \_\_\_\_\_ Sunscreens \_\_\_\_\_ what SPF? \_\_\_\_\_

Eye Creams \_\_\_\_\_ Serums \_\_\_\_\_

I understand the information I have given is to aid the skin therapist and is not a substitute for medical care. I understand these questions and have answered them honestly and accurately.

Signed By Client \_\_\_\_\_ Date \_\_\_\_\_

# Spa Informed Consent ~ Sample Form

- Do not wear contact lenses during treatment sessions - they may be placed back in after treatment.
- Do not use glycolic, AHA's, or any retinol products 48 hours before or after treatment.
- You must not be currently taking Accutane. No Accutane use for at least 8 months to 1 year.
- No suntan beds for 2 weeks post treatment (recommend self tanners for a healthy lifestyle change).
- Physical sunscreen of at least SPF 30 to be applied and re applied during sun exposure.

## Initials Required

\_\_\_\_\_ I have been thoroughly informed by professional therapist \_\_\_\_\_ of any complications to recommended procedure \_\_\_\_\_ and I understand there are no guarantees to procedures given by \_\_\_\_\_.

\_\_\_\_\_ I am committed to following post treatment care given to me by professional therapist \_\_\_\_\_ to ensure the best possible result.

\_\_\_\_\_ I have given all medical information to the best of my knowledge to \_\_\_\_\_ to prevent any contra indications to procedures.

Yes or No - I have had a history of cold sores, fever blisters, and/or shingles.

Yes or No - I am using (Retin A, Tretinoic Acid, Differin, Glycolic Acid, Accutane, or other vitamin A derivative topical creams and/or ointments.

\_\_\_\_\_ I have not used any performance agents within the last 5 - 7 days, knowing that this is a contra indicator for having procedures performed.

\_\_\_\_\_ I am committed to avoiding the sun and/or tanning facilities for the recommended time suggested by professional therapist \_\_\_\_\_.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Professional Therapist Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# PORTABLE L.E.D. LIGHT THERAPY

## Warranty Guidelines

### Warranty Agreement ~

Skin for Life warrants this product to be free of defects in material and workmanship for a period of one year from the date of original purchase. *(Initial User Only - non transferable).*

### Responsibility of Original Purchaser ~

1. Retain Sales Receipt
2. Keep Packaging (Box and Packing Material) for at least 2 years
3. If machine requires off site service, contact Skin for Life authorized warranty service and technical center (866) 312.SKIN (7546).
4. *If equipment is brought back to Skin for Life under warranty and it is determined that lack of maintenance is the reason why equipment is compromised, customer will incur freight and repair costs.*

### Training Support:

Equipment Training is mandatory to avoid improper use of equipment and to avoid compromising your warranty. Call Skin for Life at 866-312-7546 to schedule your initial training which may take place onsite or by web conference.

**Note\*\*\*** Maintenance is enforced along with proper training so you may maintain an excellent working machine. Without proper maintenance and training you could possibly VOID your warranty.



# PORTABLE L.E.D. LIGHT THERAPY

## Warranty Guidelines

### **This warranty does not cover:**

1. Merchandise sold as demo units, reconditioned, floor models and/or display models.
2. Merchandise used as “Rental” equipment.
3. Merchandise that has become inoperative because of misuse, improper and/or unauthorized repair or alterations; or failure to operate product in accordance with the instructions provided in the “General Operating Manual” and reiterated in the “Mandatory” training received onsite or by webinar.
4. Repair and transportation costs if equipment is determined not to be defective.
5. Any incidental, indirect, or consequential loss, damage or expense that may result from any defect, failure or malfunction of the products.

## Skin for Life Return Policy

- All returns and/or credits are subject to approval by Skin for Life and **MUST** be made within 30 days of the original sale.
- If merchandise is returned after 30 days or without proper authorization then it is Skin for Life’s prerogative to charge a 25% restocking fee.
- Customers incur all “Shipping Costs” for the return of equipment, supplies, and/or skin care to Skin for Life.
- Everything must be returned in original “New” condition.
- Skin for Life only accepts unopened and untampered skin care products as a return. A 25% restocking fee may be applied.
- All accessories must be returned with equipment.
- Once received, Skin for Life will evaluate the equipment and accessories. Once confirmed, credit will be issued to customer. Credit Memo will be emailed to customer for confirmation of the refunded funds.

# Skin for Life pure science professional skin care with PORTABLE L.E.D. LIGHT THERAPY

When Skin for Life started manufacturing machines, we knew as a company that skin care should be a rebuilding process from progressive treatments like microdermabrasion, microcurrent, oxygen infusion, LED, etc.

We started working with cosmetic experts to formulate our immunity professional skin care. Our Skin for Life pure science skin care repairs, recovers, and restores all skin types, conditions, and colors without inflammation and long term irritation.

We wanted building blocks for long term healthy skin results. Our product line removes the stress, so all skin may proceed with a normal healthy function. Skin for Life trademarked LSS™ delivery “Life Sustaining System” enriches our formulas by providing key amino acids and peptides that are immunity driven for your skin’s protection and well being. Our ingredients are the innovative performance that makes Skin for Life pure science perfect for every skin condition, types, and color.

It is our pleasure to introduce you to Skin for Life pure science. You may add our signature treatments to your menu, and introduce healthy results to your clients/patients.

We look forward to hearing from you...

Enjoy, Experience, and Explore  
Skin for Life pure science professional skin care.

It is a Beautiful Thing to have Healthy Skin for Life!

# PORTABLE L.E.D. LIGHT THERAPY

## Customer Satisfaction Survey

Please take a moment to complete our customer satisfaction questionnaire and return it with your warranty card. Your opinion matters to us as we are continuously striving to improve our service to you.

1. How did you initially hear about Skin for Life?

_____ Spa / Salon	_____ Esthetician	_____ Dermatologist
_____ Cosmetologist	_____ Magazine	_____ Internet
_____ Facebook / Social Media	_____ Trade Show	

Referred by: \_\_\_\_\_

2. Have you purchased from Skin for Life before? Yes \_\_\_\_\_ No \_\_\_\_\_

What product(s)? \_\_\_\_\_

3. How satisfied are you with your Skin for Life experience regarding:

	Very Unsatisfied	Unsatisfied	Neutral	Satisfied	Very Satisfied
Purchase experience (placing order, delivery)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Installation / Setup (easy to follow instructions)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Initial Training (timely, thorough, easy to follow..)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Customer Service experience (knowledgeable, courteous, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Website, Social Media (ease of use, informative content, etc)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4. Consider if you would the total package i.e. Skin for Life customer service, Nue Wave L.E.D. features and benefits, and cost. How satisfied are you with the Total Skin for Life Experience?

	Very Unsatisfied	Unsatisfied	Neutral	Satisfied	Very Satisfied
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

5. If you were less than totally satisfied, what could have been done to serve you better?

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Brooksville, FL 34604

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Email: [sales@skinforslife.com](mailto:sales@skinforslife.com)  
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Visit our Websites: [www.skinforslife.com](http://www.skinforslife.com)  
[www.skinforslifepurescience.com](http://www.skinforslifepurescience.com)



YouTube



NO ANIMAL  
TESTING