



PROFESSIONAL SKIN TREATMENT Series

80 minute Skin for Life Luxury Anti-Aging Facial Protocol includes Skin for Life Professional Peel with AHA/BHA benefits and Oxygenating Massage

Benefits: Skin for Life's Life Sustaining System (LSS™) delivery is the science that allows aging skin a chance to become healthy, vibrant, and have long term benefits. Our LSS™ delivery is a technology that allows for high versatility when performing skin therapies, no matter skin conditions or skin colors. This is perfect when combining progressive therapies with performance skin care. Skin for Life's philosophy is "**Protect, Maintain and Preserve skin for healthy, long term results**".

Application:

1. Cleanse skin twice with **Gentle Gel Cleanser soothing aloe** or **Gentle Milk Cleanser vitamins A & E** (use approx. 4mls.) and warm water.
2. Tone with **Instant Soothing Toner natural actives** (apply with cotton pad or mist).
3. Apply a thin layer of **Enzyme Exfoliant papaya complex + LSS™ delivery** to face and neck.
4. Use steam (while Papaya complex is on the face and neck). Remove with warm towel from hot towel cabbie.
5. Perform extractions (if applicable).
6. Tone with **Instant Soothing Toner natural actives** (apply with cotton or 4x4 gauze).
7. Apply **Professional Peel salicylic, lactic, citric + LSS™ delivery** to clean, dry skin. Pour approximately 15ml into a glass bowl, saturate a 2 x 2 gauze and apply to face one area at a time. It is **not** recommended to apply over the entire face at one time.

Use up to 3 strokes of application to an area. Once applied to that area, wait 30 to 60 seconds per area. Then, saturate a 4 x 4 gauze with cold water to activate the professional peel in that area. Continue to use the moistened cold gauze until all sensation is no longer evident to the administered area.

Proceed with another area and continue the above steps until the entire face has been completed and your client's skin is neutralized - there is no sensitivity to the area.

8. Apply **Instant Soothing Toner natural actives** – spray 3-5 times and pat dry to desensitize skin.

9. **Oxygen Infusion Therapy Massage:**

Perform Skin for Life facial massage - Facial manipulations will stimulate circulation and oxygenate skin which benefits all skin types and conditions.

Step 1 (for massage): Apply **Oxygen Infusion Gel vitamins A, C, E + LSS™ delivery phase 1** to entire face and neck. (Apply medium thickness). Massage in for one minute.

Step 2 (for massage): Apply **Oxygen Infusion Activator phase 2** over top of Phase 1. (Approx. 3 mls.). It will have mild foaming oxygenating action. Facial manipulations will stimulate circulation and will benefit all skin types and conditions. Massage between 3 to 5 minutes. This will help to oxygenate, plump, soothe and detoxify skin. Remove with warm, damp towel and follow with **Instant Soothing Toner + natural actives**.

10. Apply **Vita C peptide serum + LSS™ delivery** (2mls). This will hydrate, brighten and strengthen the skin.

11. Mask: Apply **Algae Vitamin Mask phase 1 and Algae Liquid Booster phase 2** (Skin for Life's Signature Cold Therapy Mask).

Phase 1 contains:

Alginic Acid – from Laminaria Digitata (Brown Seaweed). Rich in vitamins, minerals, proteins, amino acids.

Azulene – Anti-inflammatory, soothing. Accelerates the regeneration of the skin.

Phase 2 contains:

Spearmint – Cooling, refreshing, and anti-inflammatory.

Thyme – Anti-inflammatory, rich in manganese, vitamin K, antioxidant, helps to prevent free radical damage and oxidative stress.

Mix Phase 1 and Phase 2 together in a glass or rubber bowl. Quickly mix until smooth and apply quickly with mask brush, leaving it thicker on outer edges. Leave on for approx. 5 minutes. Mask will rubberize for easy removal. Lift off mask then remove residue pieces with a warm, damp towel.

12. Active + Restore: Reapply **Vita C Peptide Serum + LSS™ delivery** and **Moisture Booster hyaluronic acid + LSS™ delivery** to face and neck. Use approx. 2mls.

13. Nourish + Protect: Apply **Vital Recovery Concentrate botanical lipids + LSS™ delivery**. Use approx. 2mls on face and neck.

14. Nourish + Protect for a flawless complexion: End with **SOL defense SPF 30 Broad Spectrum UVA & UVB physical protection sunscreen** in the appropriate tint (Natural / Medium / Dark). Use approx. 2 mls, manipulate between hands to warm, then apply to face for a smooth, flawless finish.

