



PROFESSIONAL SKIN TREATMENT Series

50 minute Skin for Life Sensitive Skin Facial Protocol with Algae Mask (with Azulene) and Oxygenating Massage

Benefits: Skin for Life's Life Sustaining System (LSS™) delivery is the science that allows sensitive skin a chance to become healthy, vibrant, and have long term benefits. Our LSS™ delivery is a technology that allows for high versatility when performing skin therapies, no matter skin conditions or skin colors. This is perfect when combining progressive therapies with performance skin care. Skin for Life's philosophy is "**Protect, Maintain and Preserve skin for healthy, long term results**".

Application:

1. Cleanse skin twice with **Gentle Gel Cleanser soothing aloe** (use approx. 4mls.) and warm water.
2. Tone with **Instant Soothing Toner natural actives** (with cotton pad or mist).
3. Apply light steam.
4. Perform extractions (if applicable).
5. Tone with **Instant Soothing Toner natural actives** (apply with cotton or 4x4 gauze).
6. Apply **Vita C peptide serum + LSS™ delivery** (2mls). This will hydrate, brighten and strengthen the skin.
7. **Mask:** Apply **Algae Vitamin Mask phase 1 and Algae Liquid Booster phase 2** (Skin for Life's Signature Cold Therapy Mask).

Phase 1 contains:

Alginate Acid – from Laminaria Digitata (Brown Seaweed). Rich in vitamins, minerals, proteins, amino acids.

Azulene – Anti-inflammatory, soothing. Accelerates the regeneration of the skin.

Phase 2 contains:

Spearmint – Cooling, refreshing, and anti-inflammatory.

Thyme – Anti-inflammatory, rich in manganese, vitamin K, antioxidant, helps to prevent free radical damage and oxidative stress.

Mix Phase 1 and Phase 2 together in a glass or rubber bowl. Quickly mix until smooth and apply quickly with mask brush, leaving it thicker on outer edges. Leave on for approx. 5

minutes. Mask will rubberize for easy removal. Lift off mask then remove residue pieces with a warm, damp towel.

8. **Oxygen Infusion Therapy Massage:**

Perform Skin for Life facial massage - Facial manipulations will stimulate circulation and oxygenate skin which benefits all skin types and conditions.

Step 1 (for massage): Apply **Oxygen Infusion Gel - sensitive + LSS™ delivery phase 1** to entire face and neck. (Apply medium thickness). Massage in for one minute.

Step 2 (for massage): Apply **Oxygen Infusion Activator phase 2** over top of Phase 1. (Approx. 3 mls.). It will have mild foaming oxygenating action. Facial manipulations will stimulate circulation and will benefit all skin types and conditions. Massage between 3 to 5 minutes. This will help to oxygenate, plump, soothe and detoxify skin. Remove with warm, damp towel and follow with **Instant Soothing Toner + natural actives**.

9. Active + Restore: Reapply **Vita C peptide serum + LSS™ delivery** and **Moisture Booster hyaluronic acid + LSS™ delivery** to face and neck. Use approx. 2mls.

10. Nourish + Protect: Apply **Vital Recovery Concentrate botanical lipids + LSS™ delivery**. Use approx. 2 mls on face and neck.

11. Nourish + Protect for a flawless complexion: End with **SOL defense SPF 30 Broad Spectrum UVA & UVB physical protection sunscreen** in the appropriate tint (Natural / Medium / Dark). Use approx. 2 mls, manipulate between hands to warm, then apply to face for a smooth, flawless finish.

