



## PROFESSIONAL SKIN TREATMENT Series

### 50 minute Skin for Life Men's Facial with Mint Massage Treatment

**Benefits:** Skin for Life's Life Sustaining System (LSS™) delivery is the science that allows a man's skin a chance to become healthy, vibrant, and have long term benefits. Because of an increase in Androgen, a man's skin is about 25% thicker than a woman's skin. It is also a bit tougher. Our LSS™ delivery is a technology that allows for high versatility when performing skin therapies, no matter skin conditions or skin colors. This is perfect when combining progressive therapies with performance skin care. Skin for Life's philosophy is "**Protect, Maintain and Preserve skin for healthy, long term results**".

#### Application:

1. Cleanse skin with **Salicylic Gel Cleanser + clarifying solution** (use approx. 2mls.) and warm water.
2. Tone with **Salicylic Toner + eucalyptus oil** (with cotton pad or mist).
3. Apply a thin layer of **Enzyme Exfoliant + papaya complex with LSS™ delivery** to face and neck.
4. Use steam (while Papaya complex is on the face and neck). Remove with warm towel from hot towel cabbie.
5. Perform extractions.
6. Tone with **Salicylic Toner** (apply with 4x4 gauze).
7. Massage: Use **Revitalizing Mint Mask + purifying camphor with LSS™ delivery** mixed with water. Perform Skin for Life facial massage: facial manipulations will stimulate circulation and will benefit all skin types and conditions. Remove with warm, damp towel and follow with **Instant Soothing Toner + natural actives**.
8. Apply **Moisture Booster + hyaluronic acid with LSS™ delivery** to face and neck.
9. Apply **Algae Vitamin Mask phase 1 and Algae Liquid Booster phase 2** (Skin for Life's Signature Cold Therapy Mask).

Phase 1 contains:

**Alginate Acid** – from Laminaria Digitata (Brown Seaweed). Rich in vitamins, minerals, proteins, amino acids.

**Azulene** – Anti-inflammatory, soothing. Accelerates the regeneration of the skin.

Phase 2 contains:

**Spearmint** – Cooling, refreshing, and anti-inflammatory.

**Thyme** – Anti-inflammatory, rich in manganese, vitamin K, antioxidant, helps to prevent free radical damage and oxidative stress.

Mix Phase 1 and Phase 2 together in a glass or rubber bowl. Quickly mix until smooth and apply quickly with mask brush, leaving it thicker on outer edges. Leave on for approx. 5 minutes. Mask will rubberize for easy removal. Lift off mask then remove residue pieces with a warm, damp towel.

10. Active + Restore: Apply **Vita C + peptide serum with LSS™ delivery** to face and neck. Use approx. 2mls.
11. Nourish/Heal/ Protect: Apply **Antibac Essentials + lysozyme protection with LSS™ delivery** (moisturizer). Use approx. 2mls on face and neck.
12. Nourish + Protect for a flawless complexion: End with **SOL defense SPF 30 Broad Spectrum UVA & UVB physical protection sunscreen** in the appropriate tint (Natural / Medium / Dark). Use approx. 2 mls, manipulate between hands to warm, then apply to face for a smooth, flawless finish.

