

## **PROFESSIONAL SKIN TREATMENT Series**

## 50 minute Skin for Life Antibacterial Facial Protocol with Oxygenating Massage

(for Inflamed Acne / Troubled Skin)

**Benefits:** Skin for Life's Life Sustaining System (LSS<sup>TM</sup>) delivery is the science that allows problematic / oily skin a chance to become healthy, vibrant, and have long term benefits. Our LSS<sup>TM</sup> delivery is a technology that allows for high versatility when performing skin therapies, no matter skin conditions or skin colors. This is perfect when combining progressive therapies with performance skin care. Skin for Life's philosophy is "**Protect, Maintain and Preserve skin for healthy, long term results**".

## Application:

- 1. Cleanse skin with **Salicylic Gel Cleanser + clarifying solution** (use approx. 2mls.) and warm water.
- 2. Tone with Salicylic Toner + eucalyptus oil (with cotton pad or mist).
- 3. Apply steam.
- 4. Perform extractions (if applicable).
- 5. Tone with **Instant Soothing Toner + natural actives** (apply with cotton or 4x4 gauze).
- 6. Oxygen Infusion Therapy Massage:
  - Perform Skin for Life facial massage Facial manipulations will stimulate circulation and oxygenate skin which benefits all skin types and conditions.
  - **Step 1** (for massage): Apply **Oxygen Infusion Gel antibacterial + LSS™ delivery phase 1** to entire face and neck. (Apply medium thickness). Massage in for one minute.
  - **Step 2** (for massage): Apply **Oxygen Infusion Activator phase 2** over top of Phase 1. (Approx. 3 mls.). It will have mild foaming oxygenating action. Facial manipulations will stimulate circulation and will benefit all skin types and conditions. Massage between 3 to 5 minutes. This will help to oxygenate, plump, soothe and detoxify skin. Remove with warm, damp towel and follow with **Instant Soothing Toner + natural actives**.
- 7. Mask: Revitalizing Mint Mask purifying camphor and spirulina + LSS™ delivery. Apply medium thickness to face and neck. Spirulina has anti-inflammatory benefits! Leave on for 5 minutes. Remove with warm, damp towel and follow with Instant Soothing Toner + natural actives.

866.312.SKIN (7546) www.skinforlife.com sales@skinforlife.com

- 8. Active + Restore: Apply **Moisture Booster hyaluronic acid + LSS™ delivery** to face and neck. Use approx. 2mls.
- 9. Nourish/Heal/ Protect: Apply **Antibac Essentials lysozyme protection + LSS™ delivery** as moisturizer. Use approx. 2mls on face and neck.
- 10. Nourish + Protect: Apply **Vital Recovery Concentrate botanical lipids + LSS™ delivery**. Use approx. 2 mls on face and neck.
- 11. Nourish + Protect for a flawless complexion: End with **SOL defense SPF 30 Broad Spectrum UVA & UVB physical protection sunscreen** in the appropriate tint (Natural / Medium / Dark). Use approx. 2 mls, manipulate between hands to warm, then apply to face for a smooth, flawless finish.

