Nue Skin Oxygen
Where Nature Meets Science...
Nue Skin Oxygen Infusion
Skin Awareness + Contra Indications

• Pregnancy
• Breast Feeding
• Accutane - (Should be a minimum of 8 months), when in doubt consult physician for approval.
• Do Not combine with TCA, Jessner, or Salicylic Acid Peels
• Sunburn
• Rosacea Advanced Stages - III
• Cancer/Skin Cancers/Open Lesions

Precautions

• Alpha Hydroxy (Glycolic, Mandelic, Azelaic, Lactic, Citric) skin must be free of all sensitivities before applying Skin for Life oxygen infusion therapy.
• Retinoid (Retin A, Tazorac, Differin, and any other vitamin A derivative) Have client/patient discontinue for 3 days before performing an oxygen infusion therapy.
• Skin sensitivity
• Contacts - Please have client/patient remove contacts before oxygen procedure.
• Under the care of a physician - general for all procedures administered.
Informed Consent ~ Sample Form

Please Print

First Name: ___________________________ Last Name: ___________________________

Date of Birth: ________________________

Address: ______________________________
        City ___________________________ State: _______________________________ Zip: __________

Phone: ___________________________ Cell: _______________________________ Work: ______________________

Emergency Contact: ___________________________ Phone: ______________________

Physician: ___________________________ Phone: ___________________________

Referred By: ___________________________

1. What is the reason for your visit today?

2. Are you under the care of a physician including dermatologist?
   If yes please state the reason

3. Are you pregnant? Y or N        Are you planning to become pregnant?

4. Do you smoke? Y or N

5. Please circle the one that best describes your daily stress level. High, Medium, or Low Stress

6. Do you have metal in your body? Such as dental work, pins, plates, stints, etc.
   Be specific

7. Do you have allergies? Y or N

8. Please list ALL MEDICATIONS:

   Please specify:

10. Do you have or have you had the following: Please check all that apply:

    ___ Epilepsy    ___ Fever Blisters (Have you ever HAD?) ___ Cardiac Concerns ___ Acne    ___ Keloid
    ___ Sinus Concerns ___ High Blood Pressure ___ Fibromyalgia ___ Pacemaker ___ Heart Stints
    ___ Diabetes ___ Botox ___ Kidney Disorders ___ Immune Disorder ___ Metal implants ___ Dental Work
    ___ Lupus ___ Mitral Valve Prolapse ___ Herpes ___ Cancer ___ Hyaluronic Fillers ___ Asthma
    ___ Synthetic Fillers ___ Plastic Surgery ___ Skin Cancers ___ Hepatitis ___ Herpes Zoster (Shingles)

What products are you currently using? Cleanser____________________ Toner____________________

Scrub_________________ Creams_________________ Sunscreens________________ what SPF?___________

Eye Creams_________________ Serums_________________

I understand the information I have given is to aid the skin therapist and is not a substitute for medical care and I understand the questions and I have answered them honestly and accurately.

Signed By Client ___________________________ Date __________________

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Spa Informed Consent ~ Sample Form

• Do not wear contact lenses during treatment sessions - they may be placed back in after treatment.

• Do not use glycolic, AHA’s, or any retinol products 48 hours before or after treatment.

• You must not be currently taking Accutane. Nor have you taken Accutane for the previous 8 months to 1 year.

• No suntan beds for 2 weeks post treatment (recommend self tanners for a healthy lifestyle change).

• Physical sunscreen of at least SPF 30 to be applied and re applied during sun exposure.

InitiaIs Required

_______ I have been thoroughly informed by professional therapist _______ of any complications to recommended procedure ___________________________ and I understand there are no guarantees to procedures given by _________.

_______ I am committed to following post treatment care given to me by professional therapist _______ to ensure the best possible result.

_______ I have given all medical information to the best of my knowledge to _______ to prevent any contra indications to procedures.

Yes or No - I have had a history of cold sores, fever blisters, and/or shingles.

Yes or No - I am using (Retin A, Tretinoic Acid, Differin, Glycolic Acid, Accutane, or other vitamin A derivative topical creams and/or ointments.

_______ I have not used any performance agents within the last 5 - 7 days, knowing that this is a contra indicator for having procedures performed.

_______ I am committed to avoiding the sun and/or tanning facilities for the recommended time suggested by professional therapist _________.

Client Signature: ___________________________ Date:____________________
Professional Therapist Signature:____________________ Date:________________

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L.E.D. Light Therapy
Suggested Informed Consent ~ Sample Form

The purpose of the LED Light Therapy study from NASA was to discover the properties of wound healing. Increasing cellular growth encourages cell division which provides skin with a youthful healthy appearance. LED Light Therapy also assists with minimizing overactive oily and/or troubled skin conditions.

Ideal results – schedule twice a week for three weeks which equals (6) skin treatments.

Maintenance Treatments – Depends on individual goals. Once a week, twice a month, or once a month is recommended to sustain cumulative results.

L.E.D. Light Therapy Contra indications:

- Epilepsy
- Thyroid Conditions
- Do Not Apply to an Open Wound
- Pregnancy (or if you are trying to become pregnant)

Precautions to Consider:

- Sensitivity to Migraines/Headaches
- Topical or Synthetic Steroids (NSAID’s)
- Do Not Use heavy creams and/or ointments

LED Light Therapy treatments have been explained to me and any questions I have regarding LED Light Therapy treatments have been answered.

I understand there are certain contraindications that preclude someone from receiving LED Light Therapy treatments and these include epilepsy, pregnancy, thyroid conditions, medications, causing light sensitivity and open wounds.

I also understand there are other precautions that should be considered before receiving LED Light treatments and may require a doctor’s release and/or I assume any risk involved. These include but are not limited to a person receiving cortisone and/or steroids injections, and a person prone to light sensitive migraines.

Although LED Light Therapy is a non-invasive treatment and the precautions and contra indications have been explained to me, I understand that certain risks or complications can occur from both known and unknown causes, and I freely assume these risks.

I acknowledge that no guarantee has been given to me as to the condition of the complexion, skin pore size, fine lines, and wrinkles as results will vary per client/patient. I am aware that follow up treatments may be necessary to achieve optimal results with gradual results occurring over time.

I release ____________________________________________, staff and specific technician from any liability associated with this procedure. I certify that I am of at least 18 years old or I have parental consent as indicated as co – signature below.

Client/Patient Signature: __________________________ Date: __________
Co – Signature: __________________________ Date: __________
Skin Professional: __________________________ Date: __________
Nue Skin Oxygen Infusion Protocol
Oily / Troubled Skin

1. **Cleanse:** Salicylic Gel Cleanser + clarifying solution - put (1) teaspoon of Salicylic Gel Cleanser in a glass bowl and whip to a creamy lather and apply to face and neck. Manipulate with gentle massage movements and remove with a warm towel.

2. **Tone:** Use Salicylic Toner + eucalyptus oil - apply to the entire face and neck.

3. **Exfoliation**, may use the following:
   a. Microdermabrasion (Non-inflamed skin only)
   b. Enzyme Exfoliate + papaya complex
   c. Dermaplaning (Non-inflamed skin only)
   d. Alpha Hydroxy Acids (however make sure there are NO sensitivities before applying Skin for Life oxygen products).
   e. Ultra Scrubber - cavitations

4. **Oxygen Infusion Gel phase 1 + antibacterial with LSS™ delivery** - Apply a medium thickness with a facial mask brush to the entire face and neck. You may concentrate on localized areas of concern. Manipulate for 1-2 minutes with performance massage movements.

5. **Oxygen Infusion phase 2 + activator** - Fill the cup of your airbrush gun, and spray onto the skin in circular movements. The tip of the airbrush gun should be very close to the skin for liquid concentration. You may manipulate with the other hand as you spray the oxygen infusion phase 2 + activator. You may perform 2-3 passes to complete the process. Once completed use performance massage movements for 1-2 minutes and then remove with warm towel.

6. **LED Light Therapy,** may use the following: (Optional)
   a. RED L.E.D. Light Hand Piece - Apply to the skin for 90 seconds and transition with a 30% - 50% overlap by placing the hand piece to another area, again by holding to the area for 90 seconds. Perform 4-5 passes before using the BLUE L.E.D. Light hand piece.
   b. For non-inflamed and/or inflamed troubled skin, you may use BLUE L.E.D. Light hand piece. Repeat the same movements from your RED L.E.D. Light application.

7. **Active + Restore** -
   a. Apply Moisture Booster + hyaluronic acid with LSS™ delivery and Vita C Peptide Serum with LSS™ delivery.

8. **Nourish + Protect** -

9. **Physical Protection** -
   a. SOL defense SPF 30 Broad Spectrum UVA & UVB

You may also apply “Algae 2 part Mask + Activator” after Nourish + Protect to cool, calm, and refresh the skin, wait 5-7 minutes then remove the mask and repeat by finishing with serum, moisturizer, and sunscreen.

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Nue Skin Oxygen Infusion Protocol
Sensitive Skin

1. Cleanse: Gentle Gel Cleanser + soothing aloe or Gentle Milk Cleanser + vitamins A & E - Apply a generous amount to the face, neck, and chest area. Do not add water to the cleanser, let the cleanser bind with the skin for a proper emulsion to breakdown debris and other daily pollutants. Remove with warm gauze, sponges, or towels.

2. Tone: Instant Soothing Toner + natural actives - Spray over the face or you may use a moist gauze, this will cool and ready the skin for the next application.

3. Exfoliate: Enzyme Exfoliate + papaya complex with LSS™ delivery - Squeeze a generous amount into a small glass bowl and apply the papaya enzyme with a facial mask brush to the entire face, neck, and chest with a medium thick application. You may use steam to stimulate the papaya or moisten your finger tips and start with fluid massage movements to stimulate the process of exfoliation. Remove with a warm towel.

4. Tone: Instant Soothing Toner + natural actives - Spray over the entire face and finish by removing any residue with moist gauze, sponges, or a towel.

5. Oxygen Infusion Gel phase 1 + sensitive with LSS delivery - Apply a medium thickness with a facial mask brush to the entire face and neck. Manipulate for 1-2 minutes with performance massage movements. Do Not Remove.

6. Oxygen Infusion phase 2 + activator - Fill the cup of your airbrush gun, and spray onto the skin in circular movements. The tip of the airbrush gun should be very close to the skin for liquid concentration. You may manipulate with the other hand as you spray the oxygen infusion phase 2 + activator. You may perform 2-3 passes to complete the process. Once completed use performance massage movements for 1-2 minutes and then remove with warm towel.

7. LED Light Therapy, may use the following: (Optional)
   a. RED L.E.D. Light Hand Piece - Apply to the skin for 90 seconds and transition with a 30% - 50% overlap by placing the hand piece on another area, again by holding to the area for 90 seconds. The complete application time is 12 - 15 minutes for significant results.

8. Active + Restore: Vita C Peptide Serum with LSS™ delivery, and Moisture Booster + hyaluronic acid with LSS™ delivery. Apply (1) pump to the face, neck, and chest.

9. Nourish + Protect: Vital Recovery Concentrate + natural botanicals - Micro circulating properties with calming benefits to irritated skins. This is your ZEN recovery for temporary and chronic sensitive skins.

10. Replenish + Restore: Mix Algae Mask part 1 with Algae activator part 2, blend until it is a smooth consistency. Apply quickly to the entire face, if applying to neck and chest use another 2 part Algae system. Wait 5-7 minutes and remove. Mask will solidify for an easy removal.

Nue Skin Oxygen Infusion Protocol
Mature / Ageing

1. **Cleanse**: Gentle Milk Cleanser + vitamins A & E - Apply a generous amount to the face, neck, and chest and massage to emulsify debris and other daily pollutants. Do Not use water with the cleanser, it works best alone when binding with the skin.

2. **Tone**: Instant Soothing Toner + natural actives - Spray over the entire face and neck, and then you may use moisten gauze, sponge, and/or a warm towel to remove residue. This prepares the skin for the next application.

3. **Exfoliation**: You may use one or two of the following:
   a. Microdermabrasion
   b. Ultra Scrubber
   c. Alpha Hydroxy (Lactic, Glycolic, Mandelaic, Citric...) Make sure the skin has NO sensitivities before applying Oxygen Infusion Gels.
   d. Dermaplaning
   e. Enzyme Exfoliate + papaya complex

4. **Oxygen Infusion Gel** phase 1 + A, C, E complex with LSS™ delivery - Apply a medium thickness with a facial mask brush to the entire face and neck. Manipulate for 1-2 minutes with performance massage movements. Do Not Remove.

5. **Oxygen Infusion phase 2 + activator** - Fill the cup of your airbrush gun, and spray onto the skin in circular movements. The tip of the airbrush gun should be very close to the skin for liquid concentration. You may manipulate with the other hand as you spray the oxygen infusion phase 2 + activator. You may perform 2-3 passes to complete the process. Once completed use performance massage movements for 1-2 minutes and then remove with a warm towel.

6. **LED Light Therapy**, may use the following: (Optional)
   a. RED L.E.D. Light Hand Piece - Apply to the skin for 90 seconds and transition with a 30% - 50% overlap by placing the hand piece to another area, again by holding to the area for 90 seconds. The complete application time is 12 - 15 minutes for significant results.

7. **Active + Restore**: Vita C Peptide Serum with LSS™ delivery and Moisture Booster + hyaluronic acid with LSS™ delivery. Apply (1) pump and blend well.


9. **Massage with lifting + firming movements**. This is a great time to perform Nue Fusion Microcurrent, to lift, firm, and tighten the skin and encourage muscle stimulation. Follow the microcurrent protocol at this point.

10. **Replenish + Restore**: Mix Algae Mask part 1 with Algae activator part 2, blend until it is a smooth consistency. Apply quickly to the entire face, if applying to neck and chest use another 2 part Algae system. Wait 5-7 minutes and remove. Mask will solidify for a easy removal.

11. Apply Vita C Peptide Serum with LSS™ delivery, Moisture Booster + hyaluronic acid with LSS™ delivery, Ultra Performing Complex + A, C, E complex with LSS™ delivery, and SOL defense SPF 30 Broad Spectrum sunscreen as your complete skin protection.

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Nue Skin Oxygen Infusion Protocol
Brightening and Lifting

1. **Cleanse**: Gentle Milk Cleanser + vitamins A & E - Apply a generous amount to the entire face, neck, and chest, and manipulate in circular movements. Do Not add water, let the cleanser bind with the skin to emulsify debris and daily pollutants.

2. **Tone**: Instant Soothing Toner + natural actives - Spray over the entire face and neck, and then you may use moisten gauze, sponge, and or towel to remove residue. This prepares the skin for the next application.

3. **Exfoliation**: You may use one or two of the following:
   a. Microdermabrasion
   b. Ultra Scrubber
   c. Alpha Hydroxy (Lactic, Glycolic, Mandelaic, Citric...) Make sure the skin has NO sensitivities before applying Oxygen Infusion Gels.
   d. Dermplaning
   e. Enzyme Exfoliate + papaya complex

4. **Oxygen Infusion Gel** phase 1 + brightening with LSS™ delivery - Apply a medium thickness with a facial mask brush to the entire face and neck. Manipulate for 1-2 minutes with performance massage movements. Do Not Remove.

5. **Oxygen Infusion** phase 2 + activator - Fill the cup of your airbrush gun, and spray onto the skin in circular movements. The tip of the airbrush gun should be very close to the skin for liquid concentration. You may manipulate with the other hand as you spray the oxygen infusion phase 2 + activator. You may perform 2-3 passes to complete the process. Once completed use performance massage movements for 1-2 minutes and then remove with warm towel.

6. **LED Light Therapy**, may use the following: (Optional)
   a. RED L.E.D. Light Hand Piece - Apply to the skin for 90 seconds and transition with a 30% - 50% overlap by placing the hand piece to another area, again by holding to the area for 90 seconds. You may perform the application for 4 - 5 cycles over the entire face. The complete application time is 12 - 15 minutes for significant results.

7. **Active + Restore**: Vita C Peptide Serum with LSS™ delivery and Moisture Booster + hyaluronic acid with LSS™ delivery. Apply (1) pump and blend well.


9. **Massage with lifting + firming movements**. This is a great time to perform Nue Fusion Microcurrent, to lift, firm, and tighten the skin and encourage muscle stimulation. Follow the microcurrent protocol at this point.

10. **Replenish + Restore**: Mix Algae Mask part 1 with Algae activator part 2, blend until it is a smooth consistency. Apply quickly to the entire face, if applying to neck and chest use another 2 part Algae system. Wait 5-7 minutes and remove. Mask will solidify for an easy removal.
